



41st Annual Scientific Conference of the Nutrition Society of Malaysia

Sustainable and Smart Nutrition Solutions for a Resilient Malaysia

28 - 29 July 2026 | Berjaya Times Square Hotel, Kuala Lumpur

ABOUT THE CONFERENCE

Malaysia is at a pivotal moment, navigating rising nutrition-related health challenges, growing pressures on the food system, and an increasing need for sustainable, technology-driven solutions. This year's conference explores how innovation, evidence-based practices, and cross-sector collaboration can respond to these national priorities. By aligning sustainability with smart nutrition strategies, the conference seeks to strengthen community well-being, promote food system resilience, and support Malaysia's progress toward a healthier, more sustainable future. It also provides a valuable platform for academics, healthcare professionals, the public and private sectors, and non-governmental organisations to work together toward better nutrition for all—through effective communication, sound policies, and evidence-based practices.

WHO SHOULD ATTEND?

- Nutritionists in public and private sectors
- Nutrition researchers in academic and research organisations
- Dietitians in public and private sectors
- Nutrition undergraduates / postgraduate students
- Healthcare professionals

IMPORTANT DATES



Conference:

28-29 JULY 2026



**Early Bird
Registration Deadline
25 JUNE 2026**



**For registration
and details**



ENQUIRIES

Conference Chair

Mahenderan Appukutty, PhD, FNSM
President, Nutrition Society of Malaysia
president@nutriweb.org.my

or

Conference Secretariat

Nutrition Society of Malaysia
nsmconference@nutriweb.org.my



For Malaysian delegates:

This conference, organised by the Nutrition Society of Malaysia, is **HRD-corp claimable**.

<https://www.nsmconference.org.my>

Keynote Speakers



Prof Dr Poh Bee Koon, FNSM
Professor of Nutrition
Universiti Kebangsaan Malaysia



Assoc Prof Dr Carmen Tekwe
Associate Professor of Biostatistics
John & Carole Seffrin Endowed Professor of
Public Health
Indiana University Bloomington

Session Speakers

- Prof Dr Norhasmah Sulaiman (Universiti Putra Malaysia)
- Dr Chan Yee Mang (Institute for Public Health, Malaysia)
- Assoc Prof Dr Zulfitri Azuan Mat Daud (Universiti Putra Malaysia)
- Assoc Prof Dr Amutha Ramadas (Monash University Malaysia)
- Dr Say Yee How (Sunway University, Malaysia)
- Assoc Prof Dr Elise Line Mognard (Taylor's University, Malaysia)
- Prof Dr Cheah Whye Lian (Universiti Malaysia Sarawak)
- Dr Ek Kai Lin (dsm-firmenich, Singapore)
- Mr Alvin Surya Tjahyo (BENEO Asia-Pacific, Singapore)
- Dr Cecilia Cristina Santos-Acuin (University of the Philippines)

Forum

Promoting Healthy Food Environment - Beyond Ultra-Processed Foods

Panelists:



Dr Tee E Siong
(Southeast Asia Public Health
Nutrition Network)



Assoc Prof Dr Wong Jyh Eiin
(Universiti Kebangsaan Malaysia)



Prof Dr Wan Rosli Wan Ishak
(Universiti Sains Malaysia)

Full programme details at <https://nsmconference.org.my/programme>

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